

Tis' The Season



5k XC Series

Celebrate the holidays with a 5k cross country race over three different courses!

<u>Date</u>	<u>Location</u>	<u>Time</u>
Saturday, Oct. 27 th	St Martins University	3:00 pm
<ul style="list-style-type: none">▪ This race will follow the last race of the High School District Championships. Students not participating in the District meet encouraged to participate. All finishers will receive a Halloween treat. Awards to top 5 male and female. Race begins at track near baseball field.		
Saturday, Nov. 10 th	Millersylvania State Park	9:30 am
<ul style="list-style-type: none">▪ Our Thanksgiving edition is known for the knee deep puddle, this is great cross country on a three loop course. Race will be held at the start of the fitness trail. Limited parking at the start (1/2 mile north of main park entrance). More parking available at main entrance. Follow trail at main entrance north to fitness trail parking lot.		
Saturday, Dec. 15 th	The Evergreen State College	9:30 am
<ul style="list-style-type: none">▪ Get into the giving spirit with an all out effort over the same course used by NAIA Region I Championships competitors. Evergreen's course offers a good mix of hills, dirt and grass. Starting area/check in is at the soccer fields and indoor soccer pavilion. Parking available in C and F lots. Free on Saturdays. Please visit www.evergreen.edu for directions and maps of campus.		

Registration:

Mail in or **Day of Race! See Attached Entry Form**

Fee: \$5 for students (under 18) \$12 for series. Club Oly members \$6 -single race or \$15 series. \$8 for open runners (single race) or \$20 for series.sssssssssssss

For more info contact Rich Brown (360) 402-3736 / Craig Dickson (360) 507-4331 or email: cluboly@comcast.net

2007 3rd Annual 'Tis The Season For a 5k Cross Country Series

Official Use	
Event	Race #
1	_____
2	_____
3	_____

Entry Form

NAME _____

ADDRESS _____

_____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

AGE ____ (On race day) F ____ M ____ STUDENT (19 & Under) ____ Adult ____ (check one)

Club Oly Member # _____

(Please Check All Races Entered)

Oct. 27 _____ St. Martin's College - 3 PM (Following HS District 4 Meet)

Nov. 10 _____ Millersylvania State Park - 9:30 AM

Dec. 15 _____ The Evergreen State College - 9:30 AM

Cost - Individual Race = \$8.00 Adult \$5.00 student (under 19) \$6.00 Club Olympia Members
Three Race Series = \$20.00 Adult \$12.00 student / Club Olympia Members

Amount Paid \$ _____

WAIVER

In consideration of acceptance of this entry, I hereby for myself, my heirs, executors and administrators, assume all risk of injury, harm or damage to myself or others arising from my participation in this event, and agree to hold harmless any sponsors, volunteers, Club Olympia, St. Martin's University, Millersylvania State Park, The Evergreen State College and any persons associated with this event, against any liability, actions, claims and damages of any kind whatsoever. My signature verifies that I am physically fit and have sufficiently trained for the event and have full knowledge to all the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose. If I am under 18 years of age, my parent-guardian must co-sign.

Signature _____ Date _____

Parent/Guardian Signature (if under 18) _____ Date _____



Mailed in entry forms must be received sooner than 5 days before each event.
Send to:

Club Olympia
339 Cushing St NW
Olympia, WA 98502